

# Kat's Great Adventures

## Czech Republic - Prague Round Trip Bicycle and Barge Tour 2024

Self-Guided Tour

8 Days / 7 Nights



The Czech Republic, the small country in the heart of Europe, impresses with its original river landscapes, picturesque villages and romantic castles, whose history and architecture can often be traced back to the middle Ages. Prague, known also as “the Golden City” and “the City of a Hundred Spires”, is both point of departure and final destination for this beautiful bike and barge tour along the Upper Moldava. In Czech called Vltava, and the huge Elbe River – when the bridges of the Vltava River are ablaze with sunlight and the spires of the castle sparkle in the light, then it becomes obvious that Prague has its nickname “Golden City” with good reason! Multifaceted and unique, modern and at the same time aware of tradition – discover one of Europe’s most beautiful metropolises with its Old Town listed as UNESCO World Heritage Site and cycle through unspoilt and sometimes gently hilly landscapes. And of course - the Czech Republic is well known for its world-famous beers but also for its good wines.

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TICO # 50022092

## Itinerary Day to Day

### **Day 1: Arrival Prague**

Individual arrival in Prague. Embarkation from 4 p.m. After dinner, you should take a little walk, particularly beautiful in the dark, and enjoy the stunning view of the illuminated Prague Castel.



### **Day 2: Prague – Kralupy 28 km**

You will receive your bike and start for your first cycle tour. You will cycle along the Vltava River via Troja (Baroque castle – National Art Gallery) to the village of Klecánky and then over the tread of the Vltava via Drasty, Vodochody back to the river bank to today's destination Kralupy.

### **Day 3: Kralupy - Melnik 25 km; Boat Trip to Litomerice**

After breakfast, around 9 a.m., we will take out the bike again. You will cycle – almost always along the Vltava River – to Nelahozeves, one of the most famous Renaissance castles of Bohemia, also known as the “little Louvre of Czechia”. Then continue through the Veltrusý Park,

with numerous sculptures and gazebos in an extensive terrain, up to the royal town of Mělník. In the early afternoon return to the ship and enjoy the boat trip on the Elbe River to Litoměřice.

### **Day 4: Litoměřice, Day of rest or cycle tour to Střekov Castle and back 47 km**

A day at leisure. Discover one of the most beautiful Czech towns, the royal town of Litoměřice. The colourful Renaissance and Baroque buildings in the town centre, which for the most part is encircled by well-preserved Gothic fortifications, will enchant you. Well worth seeing: Baroque Cathedral of St Stephen atop the dome hill or the bishop's residence. You might also be interested in an individual visit to the Terezín Memorial in the village of Terezín. The concentration camp memorial is located only five kilometers away. For more advanced cyclists, we recommend the scenic bike tour to the castle Střekov with appealing café, idyllically situated in the narrow valley of the Elbe River. Your route will take you through the small town of Velké Žernoseky (famous Czech wine-growing region),



past the Bohemian Gate - the transition from the Elbe Sandstone Mountains to the Bohemian Uplands - to Střekov Castle. From here you will have a magnificent view of the Elbe River and the surrounding mountains. Afterwards you will cycle back to Litoměřice, where your ship will anchor for the night.



**Day 5: Boat trip Litoměřice – Roudnice / Roudnice – Mělník – Mlčechvosty 43 km**

Early in the morning, the ship will take you to Roudnice. Your cycle tour starts at around 9 a.m. Almost always alongside the Elbe, via Dobřín, Račice and Vliněves, you cycle back again to the lovely village of Mělník. Enjoy the splendid panoramic view of the confluence of the Vltava and Elbe River from the top of the castle hill. You continue cycling to today's destination Mlčechvosty. Arrival of the ship at around 5 p.m.

**Day 6: Mlčechvosty – Prague 42 km**

Today you can go for a last bike tour via Nelahozeves, Kralupy, Vodochody, Drasty and Klecánky to Prague or you relax on the sun deck. You will arrive at Prague at around 3:30 p.m. The rest of the day is reserved for Prague

**Day 7: Prague, Cycle tour Prague – Zbraslav and back 31 km**

Today you have enough time to discover the right bank of the Vltava River, the highlights of the Old Town, the New Town and the Jewish Quarter. Or just meander along the streets or watch the lively goings-on sitting in one of the cafes on the Old Town Square. There are countless possibilities! In case you feel like cycling, make a tour upstream along Vltava River to Zbraslav and back. A trip to Vyšehrad Castle is worthwhile. It was built, probably in the 10<sup>th</sup> century, on a hill over the Vltava River. Local legend holds that Vyšehrad was the location of the first settlement which later became Prague.

**Day 8: Departure from Prague**

After breakfast, until 9 a.m. disembarkation and individual departure.



## Route



### Technical Characteristics:

**Tour Profile:** Easy. The cycle tour is suitable for people with average fitness level. You will cycle on paved or asphalted cycle ways, on very lightly trafficked agricultural roads as well as on unpaved trails leading through forests or fields. There will also be short legs along heavily trafficked roads. The terrain is mostly flat, though there are some slopes to cope with.

**Distance:** 216 km

**Travel Season:** Saturday departures: June 29; July 6; July 13; July 20; July 27 and August 3, 2024



**Price per Person:**

Twin Cabin Main Deck ECO (at the front/back*)	€ 999.00
Twin Cabin Main Deck	€ 1099.00
Twin Cabin Upper Deck	€ 1399.00
Twin Cabin for Single Use	+50%
Twin Cabin Main Deck with French balcony (limited number)	€ 1349.00
Single Cabin Upper Deck with French balcony (limited number)	€ 1649.00
Hybrid Bike Rental 7 speed unisex bicycle, with freewheel or back pedal brake	€ 89.00
E-bike Rental with freewheel or back pedal brake	€ 199.00

\*Cabins at the front and on the back of the ship. Engine and generator noise perceptible when ship is moving or at berth.

**Included:**

- 7 nights in outside cabin with ensuite shower facilities in booked category
- Programme according to itinerary from/to Prague
- Welcome drink
- Daily cabin cleaning , change of bedding and towels
- Full board consisting of 7x buffet breakfast, 6x lunch snack on board (non-cyclists) or lunch package for cycle tours, 6x coffee or tea in the afternoon, 7x 3 course dinner
- All port, bridge and lock fees
- Daily briefing for the cycling tours
- Printed instructions and detailed maps and for daily individual bike tours (1x per cabin)
- GPS tracks
- On-board tour guide

**Not Included:**

- Arrival and departure to/from Prague
- Tips
- Drinks on board
- Entrance fees and excursions
- City maps and ferry tickets
- Travel Insurance
- Gratuities (at your discretion) and own expenses

## The Cruise Ship MS Florentina



Built in 1980 and completely refurbished in 2008 and in 2014 the MS FLORENTINA is a cosy and comfortable middle class ship. The Czech chef prepares national good home cooking and international dishes which will be served in the bright, friendly restaurant with bar. Both the little lounge next to the reception and the observation saloon with its panoramic windows on the upper deck offer comfortable seating areas. Rest and relax you find on the deck chairs on the large sun deck.

The ship features 16 twin cabins (approximately 10 square meters) and 4 single cabins (approximately 8 square meters) with French balcony (opening windows) on the upper deck, and 25 twin cabins (10 square meters) and 2 single cabins (8 square meters) on the main deck (windows cannot be opened). All 47 cabins are outside cabins and have ensuite shower facilities. They all also include a central air conditioning with individually adjustable ventilation, hairdryers, TV's and safes. There is W-LAN on board (please note that the signal is not always available).



## Bikes

### Hybrid Bike



The bikes are fitted with comfortable Selle Royal saddles. They also come with coaster brakes or a freewheel hub – all hub gears come from Shimano – and you can pick whichever one you prefer.

We offer three frame sizes: 45cm, 50 cm and 55 cm

All bikes are additionally equipped with tire pumps, repair kits with tools and spare inner tubes. For extra storage room, most bikes are fitted with panniers and/or handlebar bags.

### Electric Bike



All the Pedelecs are equipped with Bosch mid-drive motors that come with fully integrated 500 watt Bosch rechargeable batteries. The innovative way of construction allows the batteries to become almost invisible. That way, cyclists gain the advantage of a well-balanced bike that is easily operated. It is perfect support and a high level of comfort even on long tours.