

# Italy – Slovenia - Friuli Based in Cividale and Gradisca Bicycle Tour 2023 Self-Guided Tour 8 Days / 7 Nights



The starting point of this cycle tour is the medieval town of the Langobards, Cividale del Friuli/surrounding area. Cividale holds some Langobard treasures such as the famous Tempietto or the Ponte del Diavolo over the river Natisone. Carrying on your trip you will arrive at Gradisca d'Isonzo (Gradišče ob Soči in Slovenian). This little town in the east of Friuli near the border area of Slovenia has been the front between Austria and Italy in the First World War, well known for the 12 Battles of the Isonzo.



#### **Itinerary Day to Day**

#### Day 1: Arrival to Cividale del Friuli/surroundings

Individual arrival at the hotel in Cividale del Friuli/surroundings.



Day 2: Round trip Cividale del Fiuli – Udine 30 - 60 km
On the first day you have the option of choosing between a shorter and a slightly longer round trip tour. The shorter tour takes you to Prepotto (Prapotno in Slovenian), a small picturesque town with winding alleys and old houses in the province of Udine. The longer route takes you to the university town of Udine. Here, too, the cathedral and the Loggia del Lionello on the ground floor of the town hall invite you to visit.

# Day 3: Round trip to Slovenia and to the Brda 45 - 65 km

This day takes you across the border to Slovenia and to the Brda, meeting point of three cultures (Slavic, Romanic and Germanic). The Brda is well known mainly because of the winegrowing but also for its castles and white churches which are situated mostly on hills.

#### Day 4: Round trip to the castles of the Gorizia 40 - 45 km

The Gorizia Hills (Collio in Italian) became well known due to its good wine, but it offers a lot for history lovers too. Today you cycle to the castles of the Collio, among which you can discover the castle Rocca Bernarda. This castle was a fief of the patriarchy of Aquileia and had been given as a present to the city of Cividale. This city left it to the Roman family Capiferro in the 15th century. Afterwards it was sold several times to different owners and finally to the family Perusini. The beautiful castle in the style of the 16th century is situated in the midst of extensive parks, on a hill surrounded by vineyards. Thanks to the dedication and the competence of Gaetano Perusini the cultivation of the "Picolit" grapes started, which have gained worldwide renown over the years.







# Day 5: Cividale del Friuli – Cormons – Gradisca d'Isonzo 35 - 45 km (option via Gorz)

Today you leave Cividale and cycle to Cormons, the cultural and economic center of the Gorizia Hills (Collio). The main square of Cormons invites you to take a break and enjoy a glass of wine. Continue to Gradisca.

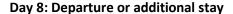
### Day 6: Round trip to Aquileia 45 - 75 km

This bicycle journey takes you to the formerly biggest city of the Roman Empire. Today the remnants of this settlement are still to be seen. Discover the secrets of the Roman city of Aquileia, the so-

called "Second Rome"; Roman ruined cities, ancient churches. It is worth visiting the Aquileia Cathedral, which interior has a mosaic pavement from the 4th century.

#### Day 7: Gradisca - Trieste 40 km

On the last day of the cycle holiday Trieste, the former Habsburg city, is waiting for you. On the first part of the route, following a breathtaking coastal, the Karst Plateau accompanies you along the Adriatic Sea. Before you enter in the old seaport and commercial town of Trieste, the Castle of Miramare invites you for a visit. Return by train.









#### **Route**



#### **Technical Characteristics:**

**Route Profile:** Easy. The route runs on bicycle paths and alongside roads without traffic from the vineyards of the Collio to the Adriatic Coast. The tour is suitable for children from the age of 14.

Distance: 235 - 330 km

Travel Season: Departures Sundays and Tuesdays from April 9 to October 8, 2023

Season 1: April 9 and October 8

Season 2: April 10 – June 16 and September 10 – October 7

Season 3: June 17 - September 9



#### Price per Person:

Double Occupancy B&B Season 1	€ 699.00
Double Occupancy B&B Season 2	€ 819.00
Double Occupancy B&B Season 3	€ 899.00
Surcharge Single Occupancy	€ 209.00
Rental Bike (21 gear)	€ 99.00
Rental TOP bike (21 gear)	€ 139.00
Rental Electric Bike	€ 209.00
Extra Nights Cividale Double Occupancy B&B	€ 79.00
Extra Nights Cividale Single Occupancy B&B	€ 98.00
Extra Nights Gradisca D'Isonzo Double Occupancy B&B	€ 69.00
Extra Nights Gradisca D'Isonzo Single Occupancy B&B	€ 88.00

#### **Accommodation:**

Agriturismo oder 3\* hotel in Cividale and in hotel 4\*category in Gradisca d'Isonzo (with swimming pool)

#### **Included:**

- 7 nights' accommodation
- Breakfast buffet or full breakfast
- Dinner (at least three course menu)
- Luggage transfer from Cividale to Gradisca d'Isonzo
- Transfer from Trieste to Sagrado by train (bicycles included)
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for the whole tour
- Navigation app

#### **Not Included:**

- Transfer: Return transfer by shuttle bus every Tuesday and Sunday from Gradisca to Prepotto Cividale at a price of € 60.00 per minivan (from 1-8 persons, bicycle included reservation at booking and payment on the spot).
- Visitor's tax





#### **Bikes**

#### **Hybrid Bike**

Mens Trekking Aluminum, with water bottle holder, Shimano Alivio/Deore 21 gear freewheel, Royal saddle, size S-XL Women's Trekking Shimano Alivio/Deore, 21 gear freewheel, Royal saddle, step-through frame, size S-XL





# **TOP Bike**



Aluminum frame with bottle holder, with shock absorbing forks, Shimano Deore XT 10x3 gears and Shimano oil disk XT breaks, size S-XL

## **Electric Bike**



Step through frame, Bosch Performance Line Motor, 8 gear, range performance: approx. 200 km (using middle/constant speed)