

# Kat's Great Adventures

Italy – Slovenia - Croatia - Istria Hiking Tour 2023

Self-Guided Tour

8 Days / 7 Nights



The starting point for this hiking tour is Trieste, the former Habsburg seaport seated at the foothills of the Karst. During the Roman Empire, Trieste became a busy and rich port. After a few kilometers, you leave Italy and hike to Slovenia and Istria. This sunny peninsula in the Mediterranean Sea is characterized by little picturesque fisher villages, small towns on the Karst hills, vineyards and valleys. Let yourself be surprised by the charms of a landscape rich in contrasts and the various colours of Istria.

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TICO # 50022092

## Itinerary Day to Day

### **Day 1: Arrival in Trieste**

Individual arrival at the first hotel in Trieste.



### **Day 2: Trieste – Val Rosandra – Pesek + 310 m - 180 m 4 – 4.5 hrs**

Today's hiking trip takes you out of Trieste. By using public transport you arrive at the starting point of the tour. You hike comfortably on the old railway line through the mixed forests of the Val Rosandra to the hamlet of Pesek. The valley is interesting in many ways: besides traces of prehistoric settlements, you will find the only river in the province that carries water all year round. In addition, it is characterized by a diverse flora.

### **Day 3: Pesek – Aquilinia – Muggia + 220 m - 630 m 4 - 5 hrs**

On the first section the path leads you again through the beautiful Val Rosandra. On the way you pass caves and hike along the border

to Slovenia. You will pass the village of Bagnoli della Rosandra, from where you can also admire the Roman aqueduct. Through small villages you walk further and further towards the sea to Aquilinia. By public transport you get to Muggia.

### **Day 4: Muggia – Ankaran – Koper + 330 m - 320 m 4 - 5 hrs**

You leave the fishing village of Muggia with its lovely maintained old town and head over to Ankaran. Soon you will leave Italy and cross the border to Slovenia. The shady pine forests offer a view over the numerous bays and the Mediterranean Sea. In the afternoon a bus ride will take you to Koper (not included). Capodistria, as the village is also called, awaits you. Let the day end in the car free old town with all its magnificent buildings.

### **Day 5: Koper - Piran + 200 m - 170 m 4 - 5 hrs**

Hiking along the sea you will leave Koper, you pass the ancient fisher town Izola and walk to Piran, where you will spend your night. Piran, birth place of the Italian violinist and composer Giuseppe Tartini, is influenced heavily from Venetian impact. Stroll through the alleys with its Venetian palaces or enjoy the atmosphere on Piazza Tartini in the centre of Piran.



### **Day 6: Piran – Groznjan – Motovun + 290 m - 320 m 5 hrs**

In the morning transfer from Piran to Groznjan. Named the first time in 1102 it is today a meeting point for musicians from all over the world and the starting point of your tour. Here during the summer classical concerts of young musicians take place. The Jazz is Back festival, which takes place in the second half of July, is dedicated to jazz. From Groznjan you hike to Livade. The village of Motovun can be seen from far away, high up on a hill.



**Day 7: Motovun – Vizinada – Porec + 150 m - 150 m 3 - 4 hrs**

This last hiking day in Istria leads you to Porec. From the distance you will see the Euphrasian Basilica, which has been taken up by UNESCO as a World Cultural Heritage Site and is certainly worth a visit. A glass of wine on one of the places in the historic center of Porec will remind you of the highlights of your hiking week.

**Day 8: Departure**

Individual departure or possibility to extend your stay.



## Route



### Technical Characteristics:

**Route Profile:** Easy. The hiking tour through Istria runs slightly hilly. The tour is suitable for children over 14 years.

**Distance:** Daily hiking between 3 and 7 hours

**Travel Season:** Departures Saturdays from April 1 to November 4, 2023  
Season 1: April 1 – June 30 and September 10 – November 4  
Season 2: July 1 – September 9  
No departures from July 16 - August 26

## **Price per Person:**

Double Occupancy B&B Season 1	€ 799.00
Double Occupancy B&B Season 2	€ 889.00
Surcharge Single Occupancy	€ 205.00
Extra Nights Trieste Double Occupancy B&B	€ 89.00
Extra Nights Trieste Single Occupancy B&B	€ 124.00
Extra Nights Porec Double Occupancy B&B	€ 89.00
Extra Nights Porec Single Occupancy B&B	€ 124.00

## **Accommodation:**

B&B's and hotels 3\*, sometimes 4\* category

## **Included:**

- 7 nights' accommodation
- Breakfast buffet or a full breakfast
- Personal tour information
- Luggage transfer from hotel to hotel
- Transfers according to the program and bus ticket on day 2 and 3
- Well planned routes
- Detailed documents (maps, route description, places to visit, important telephone numbers)
- Telephone service hotline for during the entire tour
- Navigation app

## **Not Included:**

- Visitor's tax payable locally
- Transfer: Every Saturday transfer with the shuttle bus from Porec to Trieste at a price of € 45.00 per person (to be reserved and paid upon booking).

