

Kat's Great Adventures

Chile - Bike and Hike in the Lake and Volcano District Tour 2023
Guided Tour
7 Days / 6 Nights



Discover the Lake & Volcano District hiking and cycling Chile's southern backroads. Hiking and Biking Chile's south backroads is the ultimate green tour. This well supported biking and hiking program has been especially made for active people who love nature.

Itinerary Day to Day

Day 1: Temuco – Malalcahuello National Reserve Ride 42 km

On the first day of our bike and hike tour, our local team will meet you at your hotel in Temuco at 9 am. We'll drive for approximately 2 hours to Curacautín, a small quaint village. This village is part of the UNESCO Kütralkura Geopark and the Biosphere Reserve "Araucarias". There, we'll stop for lunch. Afterwards, your guides will assist you to assemble and fit your bike. Once we are ready, we'll start our trip with a 42 kilometer warm-up ride, with the Lonquimay volcano in sight and surrounded by ancient araucaria trees. We'll arrive at a modern hotel with spa located in a small ski resort. In the evening, we'll have an orientation and briefing session before our welcome dinner together.



Day 2: Kütralkura Geopark – The Andes Ride 58 km + optional 22.5 km

Today we'll ride towards the Andes mountain range, pedaling alongside the Lonquimay River by an almost flat valley located in Kütralkura, Chile's first Geopark. The road is quite rolling with several flat sections and a few small climbs. If you want to pedal up some serious grades, it is possible to extend the route on 22 km more, until the peak altitude of 1,884 meters above sea level.

Day 3: Lonquimay Volcano – Coloradito Trail Hike 9.7 km

We'll hike towards Cerro Coloradito, a natural view point of 4 volcanoes: Lonquimay, Llaima, Sierra Nevada and Villarrica. The hike is quite fun, with fantastic views and always surrounded by ancient forests of araucaria trees, some of them dating over 2,000 years old. After the hike, we'll drive to Pucón, Chile's capital of adventure tourism.

Day 4: Villaricca Volcano Climb 8.6 km

Ascending the active Villarrica Volcano is without a doubt an once-in-a-lifetime experience. It is not technical, but you need to be in good shape to reach the summit. We'll start hiking from the ski center located 1,400 meters above sea level. After 4-6 hours, we'll reach the open crater, from where you can enjoy the mind-blowing views over five lakes and several volcanoes in the distance. The descent is quite fun, as we slide down the snow on our rear ends.



Day 5: Pucon – Cabargua Lake and Hot Springs Loop Ride 52 km

Today, we start cycling from hotel towards Lake Cabargua. Afterwards, we'll visit and bathe in Pucon's famous Hot Springs. The ride today is a combination of rolling hills with several short climbs at the second half of the road. We'll also cycle next to beautiful farms with views of the Villarrica volcano.



Day 6: Chile's 7 Lake Route Ride 94.7 km

Today we will ride one of Chile's most scenic roads, The 7-Lake Route. We'll pedal alongside the shores of two beautiful lakes, Calafquén and Panguipulli, cover three-quarters of the way around the Villarrica Volcano with majestic views of the southern volcanoes.

Day 7: Pucón - Temuco's Airport

Sadly, it's time to say good bye to the beautiful Lake & Volcano District of Chile. According to flight schedule, private transfer from hotel to Temuco Airport. End of our services.



Route



Technical Characteristics:

Route Profile: Medium, designed for people who lead active lives and are comfortable participating in up to [5] hours of physical activity per day. Programs at this level generally involve some activities of higher intensity and/or a more vigorous pace.

Distance: Cycling: 246.7 km
Hiking: 18.3 km

Travel Season: Departures on request for groups of four or more. Prices valid until April 30, 2023



Price per Person

Double Occupancy	\$ 4840.00 USD
Single Supplement	\$ 460.00 USD
Bike Rental	\$120.00 USD

*Group rates available for this tour. As this is a guided tour, the pricing improves with more people participating. Please ask us for details

Accommodation:

4* hotels in the heart of the city

Included:

- Small groups with up to 10 guests maximum
- Professional tour guide (8:1 guest to guide ratio)
- Professional mountain guide (4:1 guest to guide ratio) for volcano ascent
- Private transportation with trailer and bicycle rack
- 6 nights' accommodation
- Road cycling and hiking (4 bike rides and 2 hikes)
- Meals as per itinerary (6 breakfasts, 6 lunches and 3 dinners)
- First glass of Chilean wine, beer or soft drink during our group dinners
- Zero waste on-route snacks including drinking water, local beer, isotonic drinks, trail mix, fresh fruit and homemade energy bars
- Gratuities at restaurants and hotels
- Medical and accident insurance
- Souvenir cycle jersey
- Basic cycle parts (cable housing, tubes, tires and spokes)
- Mountain gear for volcano ascent (crampons, ice axe, helmet, and climbing harness)
- Helmets, pedals and water bottles available on request
- All bike rides can be extended up to an extra 32 kilometers
- Entrance fees to hot springs and national parks

Not Included:

- International and local flights
- Extra beverages and cocktails
- Other cycle parts and components (derailleur, crankset, fork, etc)
- Laundry and SPA services
- Gratuity for local team. At the end of the trip, gratuity for the crew for a job well done is highly appreciated. We encourage you to use your discretion and tip according to the caliber of service you receive. As a guideline, the industry standard is USD \$120 per person, per guide.

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TICO # 50022092

Bike Rental

Standard Hybrid Bike – Kona Dew



FRAMESET

Sizes	46, 49, 53, 56, 59 cm
Frame	kona 6061 Aluminum Butted
Fork	kona Project Two Aluminum

DRIVETRAIN

Shifters	Shimano Rapidfire
Derailleur	Front: Shimano Altus Rear: Shimano Alivio
Crank	Shimano Acera 28/38/48t
Cassette	Shimano HG41 11-34t 8 spd
Pedals	Wellgo Platform

COMPONENTS

Saddle	kona Comfort
Seat Post	kona Thumb
Handlebars	kona Aluminum Riser
Stem	kona Control
Headset	TH ZST No.10
Brakeset	Tektro HDC300

WHEELS

Wheels	Shining MT20
Tires	Freedom Comfort 700x35c

Standard Road/Gravel Bike – Specialized Diverge Elite E5



FRAMESET

Sizes	49, 52, 54, 56, 58 cm
Frame	Specialized Diverge E5 Premium Aluminum.
Fork	FACT carbon, 12x100 mm thru-axle.

DRIVETRAIN

Shifters	Shimano GRX RX400, 2x10 speed, mechanical shifting
Derailleur	Front: Shimano GRX RX400, braze-on
	Rear: Shimano GRX RX400, 10 speed
Crank	Shimano GRX RX600, 46/30T
Cassette	Shimano CS HG50-10, 11-36T, 10-speed
Pedals	Wellgo

COMPONENTS

Saddle	Body Geometry Bridge Saddle, steel rails
Seat Post	Alloy, 2-bolt Clamp, 12mm offset, 27.2mm
Handlebars	Specialized Shallow Drop, 31.8mm
Stem	Specialized, 3D-forged alloy, 7-degree
Brakeset	Shimano GRX RX400, hydraulic disc.

WHEELS

Wheels	Axis Elit Disc, alloy rim, 14g spokes, 28h.
Tires	Specialized RoadSport, 700x38mm or 700x28mm

E-Bike – Specialized Turbo Creo SL Comp Carbon Evo



FRAMESET

Sizes	Small, Medium and Large
Frame	FACT 11r carbon, Open Road Geometry, front/rear thru-axes, fully integrated down tube battery, internal cable routing, Boost12x148mm
Fork	Future Shock 2.0 w/ Smooth Boot, Boost™ 12x110mm thru-axle, flat-mount disc

DRIVETRAIN

Shifters	Shimano GRX 810 hydraulic brake levers, mechanical shifting
Rear Derailleur	Shimano RX812 GX, Shadow Plus, 11-speed
Crank	Praxis, 44T, 110BCD, Forged alloy M30, custom offset
Cassette	Sunrace, 11-speed, alloy spider, 11-42
Pedals	Wellgo Platform

COMPONENTS

Saddle	Body Geometry Power Sport, steel rails
Seat Post	X-Fusion Manic Dropper, 50mm travel
Handlebars	Specialized Adventure Gear Hover, 103mm drop x 70mm reach x 12° flare
Stem	Future Stem, Pro
Headset	-----
Brakeset	Shimano GRX 810 hydraulic disc
Battery	Specialized SL1-320, fully integrated, 320Wh
Controller	Specialized TCU, 10-LED State of charge, 3-LED Ride Mode display
Motor	Specialized SL 1.1, custom lightweight motor

WHEELS

Wheels	Front: DT R470 Boost 12x110mm, Rear: 12x 148mm
Tires	Pathfinder Pro 2Bliss Ready, Transparent Sidewall, 700x38c

E-Bike – Trek Domane+ ALR



FRAMESET

Sizes	52, 54, 56, 58
Frame	300 Series Alpha Aluminum, Fazua Evation integrated drive system, internal routing, flat mount disc, 148x12mm thru axle
Fork	Domane+ carbon, tapered alloy steerer, flat mount disc, 12x100mm thru axle

DRIVETRAIN

Shifters	Shimano 105 R7020, 11 speed
Rear Derailleur	Shimano 105 R7000, long cage, 34T max cog
Crank	SA Alloy for Fazua, 50/34 chainrings, 172.5mm length
Cassette	Shimano 105 HG700-11, 11-34, 11 speed
Pedals	Wellgo Platform

COMPONENTS

Saddle	Bontrager Arvada Comp, steel rails, 138mm width
Seat Post	Bontrager Comp, 6061 alloy, 27.2mm, 8mm offset, 330mm length
Handlebars	Bontrager Comp VR-C, alloy, 31.8mm, 100mm reach, 124mm
Stem	Bontrager Elite, 31.8mm, Blendr compatible, 7 degree
Headset	FSA Integrated, sealed cartridge bearing, 1-1/8" top, 1.5" bottom
Brakeset	Shimano 105 hydraulic disc, flat mount
Battery	Fazua Evation battery, 250Wh
Controller	Fazua Evation touch remote
Motor	Fazua Evation Drive Pack, 20mph max assist

WHEELS

Wheels	Bontrager Paradigm Comp 25, 25mm rim width, 100x12mm thru axle
Tires	Bontrager R1 Hard-Case Lite, wire bead, 60 tpi, 700x32c

E-Bike – Specialized Vado 3.0



FRAMESET

Sizes	Medium and Large
Frame	E5 Aluminum, Bottom Bracket Motor Mount, Fully Integrated & Lockable Downtube Battery, Internal Cable Routing
Fork	SR Suntour Mobiea32, 80mm Travel, Lockout, Fender-Mounts, Integrated Light Mount

DRIVETRAIN

Shifters	enviolo Twist Display Pure
Rear Derailleur	Internal Gear Hub enviolo CVP Multi-Tum.
Crank	Gates Carbon Drive CDC 50T Chainring, Black.
Cassette	Gates Carbon Drive CDC 24T Sprocket, Silver
Pedals	Specialized Commuter w / grip Tape & Reflectors

COMPONENTS

Saddle	Rivo Sport, steel rails, 155mm
Seat Post	Specialized, 6061 alloy, 2-bolt clamp, 0mm setback, 30.9mm
Handlebars	Specialized, alloy, 15-degree backsweep, 46mm rise, 31.8mm
Stem	Specialized Flowset, 3D-forged alloy, 20-degree rise, 31.8mm
Headset	
Brakeset	Shimano BR-MT200, hydraulic disc, 180mm Centerlock
Battery	Specialized U2-530, alloy casing, state of charge display, 530Wh
Controller	MasterMind TCD, w/handlebar remote, Bluetooth®
Motor	Specialized 2.0E, 50Nm torque, custom tuned motor, 250W

WHEELS

Wheels	650b disc, double-wall alloy, pinned, 32h
Tires	Pathfinder Sport Reflect, 650Bx2.3